

CHULA VISTA ELEMENTARY
COUNCIL of PTAs

and

CVESD SOCIAL WORK TEAM

present

PARENTING DURING COVID-19

MONDAY
SEPTEMBER 21, 2020

6 - 7 pm | via ZOOM

Topics of Discussion:

- Understanding family trauma during COVID-19
- Skills and strategies to cope during the pandemic for parents and children
- Effective communication tools to build resilience in children

For more information, email:
chulavistacouncilptae@ymail.com

Presenters:

Audrey Jarahzadeh LCSW, PPSC
Ida Batiste LICSW, PPSC
Chelsea Geyer ASW, PPSC

Meeting Link:

<https://us02web.zoom.us/j/87925326214?pwd=ODd3TUphNnI0d21iNy82ZkR4ZkpOQT09>

Meeting ID: 879 2532 6214

Passcode: 3wH51m

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