

Erin Mahoney - Principal
Saburo Muraoka Elementary School
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Feb. 9, 2021

2020/2021 CYB-MFLC Child And Youth Behavioral
Military And Family Life Counseling Program
Military Kids Club Group

Saburo Muraoka Elementary Parent/Guardian,

Through a partnership between Chula Vista Elementary School District, Saburo Muraoka Elementary school and the office of the Deputy Under Secretary of Defense for Military Community and Family Policy, The Military and Family Life Counseling Program provides confidential, non-medical, short-term, counseling services to active duty service members and their family. The non-medical counseling approach is psycho-educational, which helps children and families learn to anticipate and resolve challenges associated with the military life.

Psycho-educational groups may be facilitated by the MFLC counselor throughout the year to support military children. We are pleased to offer our first virtual, and now ongoing, group: **Military Kids Club**. In this group children will have the opportunity to meet the MFLC, make friends, and participate in social skills activities through fun icebreakers, games and art.

Eligible children may participate who are dependents of active-duty service members, National Guard and reserve members (regardless of activation status), Coast Guard members when activated for the Navy, and Department of Defense expeditionary civilians (90 days prior to deployment through 180 days post-deployment). Children of veterans are eligible of service members 180 days past separation from the military.

If you are interested in having your child participate in the **Military Kids Club** group, please contact the MFLC Diana Caughlin to register at (619) 346-3318 and receive Zoom details. There is a maximum of 10 children per group and requires a virtual line of sight from the child's guardian throughout the duration of each group. Please see the group schedule below based on your child's grade level:

Tuesdays K/1 2:00pm
 K/1 3:00pm

Wednesdays 2/3 3:00pm
 2/3 4:00pm

Thursdays 4-6 2:00pm
 4-6 3:00pm

Should you decide to no longer authorize your child to receive group services you may do so at any time. Family counseling is also available upon request and if deemed appropriate by the MFLC. Please contact the MFLC to opt your child out of group services, request family support, or to inquire further about the program.

Thank you,

Erin Mahoney, Ed. D, Principal