



CVESD Spring Parent Workshops



Save these dates and join us for three amazing parent workshops! Links to join virtually will be sent soon and posted on the District website. All workshops are from 6-7 p.m.

These workshops are provided in partnership with The Western Educational Equity Assistance Center (WEEAC) and CVESD Instructional Services Department.

APRIL 19

"HURTING PEOPLE, HURT PEOPLE. LET'S HEAL TOGETHER" HURT, HEALING, & HOPE

- What is Trauma?
- Types of Trauma
- Bullying can be Traumatizing (Social & Emotional Effects)
- Signs of Bullying (Things parents should look for)
- Trauma's Impact on the Brain, Nervous System, and Memory
- "R" Factors of Healing
- Resilience & Hope



Presented by Dr. Da'Mond Holt, Certified Traumatologist and Mental Health Specialist, WEEAC

MAY 17

3 STRATEGIES TO INCREASE PARENT ENGAGEMENT AT YOUR SCHOOL

This training will help parent leaders successfully use the "**3 Ms**" to get more families involved:

Motivate—learn some new, practical ideas and activities for getting more parents to support their children at school and at home

Mobilize—how to make positive contacts with families easier using a combination of technology and welcoming-school strategies

Mentor—ways you can identify the leadership potential in other parents and help them assume leadership roles

Presented by Bea Fernandez and Jeana Preston, WEEAC Consultants

MAY 24

KEEP LEARNING GOING: MATH AND SCIENCE

CVESD'S math and science coordinators will share ideas parents can use to continue learning and discussion around science and math concepts during the summer break.



Presented by Marlys Williamson, CVESD Science Coordinator and Allison Williams, CVESD Math Coordinator